

# GUIDE FOR MEETING PARTICIPANTS

**Malaysian Nuclear Agency , Centre of Nuclear Excellence**



## REGISTRATION OF PARTICIPANTS:

Registration for training are at Centre of Nuclear Excellence, Block 57, Nuclear Malaysia. Please bring your passport or valid identification card to enable you to enter the agency and for registration purposes. Participant's entrance pass will be issued and valid for the period of your training. Participants should arrive at Nuclear Malaysia one Hour before start the course.

## DAILY TRANSPORT ARRANGEMENT TO CLASS

Each participant has to arrange daily transportation to commute from your accommodation to Malaysian Nuclear Agency. Taxi is available and takes about 10-15minutes travel from Bangi to Nuklear Malaysia. Taxi fare is between MYR20-30 per trip (one way). A maximum of 3 people can share a taxi. You can negotiate for a monthly rate with the taxi driver. Below are several taxi numbers that you may call if you need the service:

1. Mr Rosman +6013 379 3891
2. Mr Yusof +6019 223 3664
3. Mr. Ibrahim +6019 2253405

You may also use e-hailing or transportation application such as Grab, Ezcab & Maxim instead of conventional taxi. Please download the apps from Apple store or Google playstore.



## HOTEL RESERVATION

HOTEL /ACCOMMODATION	ROOM TYPE	RATE (RM)	EMAIL/ WEBSITE
Bangi Avaneue Hotel	Standard Twin	105.00 ++	enquiry@avanuebangihotel.com
Tel: 03-8925 9903 Mrs. Usha: +6012 3890349	Superior suite	132.00 ++	
Hotel Tenera	Superior Room	200.00++	Hoteltenera.kpf.net.my
Tel: 03-8929 9600	Deluxe Room	260.00++	
Bangi Perdana Hotel	Standard Queen Deluxe Room	128. 00++ 142.00++	Reservation@dgph.com.my
Bangi Guest House	Deluxe Single	60.00 Nett	Hoteltenera.kpf.net.my
Tel: 017-290 2779 Mrs. Rafeah: +607-2902779	2 Bedroom Unit	220.00	
Southville Savvana House	3 Room per House	RM2500. ++ per month	

## DRESS CODE

Participants must maintain a professional appearance by wearing collared shirts/t-shirts, shoes, slacks or long skirts while attending classes and/or on technical visits. Avoid wearing inappropriate clothing or footwear including leggings, sleeveless dress, round neck t-shirt, mini skirt, slippers and sandal while attending the course. For safety reasons, please **wear proper clothing** and **covered shoe** at all time during both **practical exercises** and **technical visits**.



## SECURITY

For security reason, please wear your **entrance pass** at all the time within the premise of Nuclear Malaysia

## COMMUNICATIONS

You are advised to purchase local sim card during your stay. There are three main telecommunication providers which are, DIGI, CELCOM or MAXIS HOTLINK. The others such as U Mobile, One XOX, RedOne, Tune Talk and XOX can be used too. The sim card can be purchased at any outlet displaying the company logo below.



## SERVICES AT NUCLEAR MALAYSIA

### **Library**

The Library is available to all meeting participants and visitors. It is located on the first floor block 15. The library has nuclear-related publications, newspapers, journals, audiovisual material, documents and technical reports. A reading room as well as PCs is also available. Opening hours: 9:00 to 18:00.

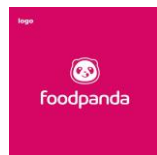
### **Computers**

Computers with Internet connection are available in Nuclear Malaysia Library and some of the small meeting rooms.

## MEAL

We would like to inform all the participants that there is no cafeteria available within Nuclear Malaysia's premises at the moment, and a vending machine is available that serves light beverages (hot or cold) for refreshment.

The participants are allowed to order outside food (a variety of choices) for delivery to Nuclear Malaysia by using mobile apps such as Grab Food, Food Panda, Shopee food and other meal services that are available within close range.

The logo for GrabFood, featuring the word "GrabFood" in a green, sans-serif font.

In Malaysia, halal food is easily available.

## GROCERIES

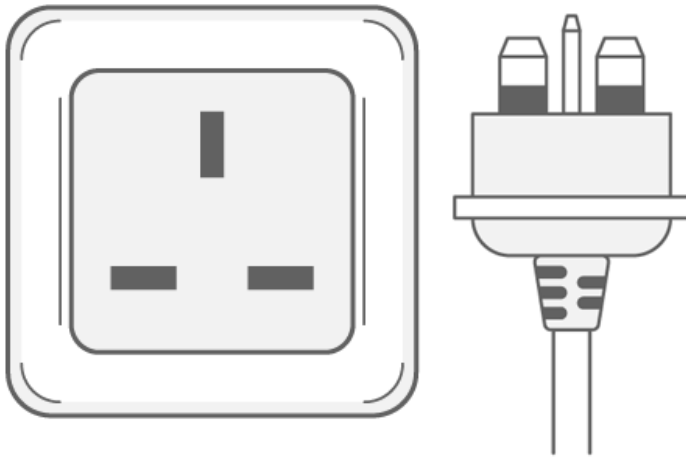
There are 2 main groceries shop nearby Pasaraya CS Bangi Avenue and Lotus.

## GENERAL SAFETY IN MALAYSIA

Malaysia is primarily a safe country. However, as a safety measure, the local organizer would like to advise participants to take extra precaution against street crime such as bag snatching and pick-pocketing. Please stay alert, don't display conspicuous wealth, make use of hotel safe for valuables, duplicate travel documents and don't walk alone at night.

## ELECTRICITY

Voltage is 220 - 240 Volt AC at 50 cycles per second. Malaysia uses standard 3-pin square plugs and sockets.



## TIME

Malaysia Standard Time is eight hours ahead of GMT and 16 hours ahead of U.S Standard Time.

## CLIMATE

Malaysia is a tropical country with a warm and humid climate throughout the year. Daily temperatures may range from 25°C to 34°C. You might also experience heavy rain fall during certain month of the year.

## TRANSPORTATION

For Bangi and Kajang, navigating Malaysia's urban landscape is made convenient and efficient through the seamless integration of the KTM (Keretapi Tanah Melayu) and MRT (Mass Rapid Transit) systems. Nearby KTM from Nuclear Malaysia is Station UKM and MRT is MRT Kajang. Nearby KTM from Nuclear Malaysia is Station UKM and MRT is MRT Kajang. For more information you can refer to the website:

KTM: <https://www.ktmb.com.my/>

MRT: <https://www.mymrt.com.my/projects/travel-with-mrt/>

For residents and visitors alike, KTM serves as a vital link to various destinations across Peninsular Malaysia. From Bangi and Kajang, commuters can access the KTM Komuter service, which offers frequent and reliable connections to Kuala Lumpur and its surrounding areas. Additionally, the MRT system enhances urban connectivity within the Greater Kuala Lumpur area, offering rapid transit services that cater to the needs of commuters in Bangi and Kajang. With the MRT Sungai Buloh-Kajang Line, residents can enjoy direct access to key destinations such as Bukit Bintang, KL Sentral, and more, making it easier than ever to traverse the bustling streets of Kuala Lumpur. For more information regarding Malaysia please visit website tourism Malaysia <https://www.tourism.gov.my/>.

## CONTACT INFORMATION

### **Director of Commercialization Technology**

Dr. Rasif Mohd Zain

Email : [rasif@nm.gov.my](mailto:rasif@nm.gov.my)

### **Manager of Centre of Nuclear Excellence (CONE)**

Ms. Nor Hadzalina Sukarseh

Email : [hadza@nm.gov.my](mailto:hadza@nm.gov.my)

### **Head of Sector International Training**

Ms. Sabariah Kader Ibrahim

Email: [sabariah\\_ibrahim@nm.gov.my](mailto:sabariah_ibrahim@nm.gov.my)

### **Secretariat (Administrative)**

Ms. Majidah Mohd Taib

Email:majidah@nm.gov.my

### **Secretariat (Administrative)**

Ms. Shawani Halid

Email: shawani\_h@nm.gov.my

For more information please visit Centre of Nuclear Excellence (CoNE) website at <https://trainingcentre.nuclearmalaysia.gov.my/>.

Please do not hesitate to contact us should you need any clarification or assistance to facilitate your stay in Malaysia. Thank you. *Terima kasih*. We wish you a safe trip and have a pleasant journey. See you soon in Malaysia.

## EMERGENCY CONTACT INFORMATION



**Emergency call**  
999



### **Hospital/Ambulance**

Hospital Serdang  
Jalan Puchong  
43000 Kajang,  
Selangor, Malaysia.

Tel: 03 – 8947 5555



### **Police Station**

Balai Polis Bandar Baru Bangi  
Polis Diraja Malaysia  
Jalan Persiaran Kemajuan, Seksyen 16,  
43650 Bandar Baru Bangi,  
Selangor, Malaysia.

Tel: 03-8925 0282



### **Fire Station**

Balai Bomba dan Penyelamat,  
Bandar Baru Bangi,  
Jalan Kemajuan, Seksyen 16,  
43650 Bandar Baru Bangi,  
Selangor, Malaysia

Tel : 03 - 8925 4444

## RELIGIOUS PLACE

Religious Place	Address
Mosque	Masjid Rinching Hilir, Kg. Rinching Hilir, Pos Bangi, 43000 Kajang, Selangor
	Masjid As- Solihin, Jalan Teras Jernang, 43650 Bandar Baru Bangi, Selangor
	Masjid Al-Hasanah, Medan PB 1, Persiaran Kemajuan, Seksyen 9, 43650 Bandar Baru Bangi, Selangor
	Masjid Kampus UKM, Universiti Kebangsaan Malaysia , 43600 Bandar Baru Bangi, Selangor
Church	Kajang Lutheran Church, Lot 5817, Jalan Reko, Taman Bangi, 43000 Kajang, Selangor
	Kajang Chinese Methodist Church, No. 514, Jalan Tuanku Hishamuddin, Sungai Chua, Selangor, 43000 Kajang, Selangor
	Church of The Holy Family, 11, Jalan Gereja, Bandar Kajang, 43000 Kajang, Selangor
Temple	Kuil Devi Sri Maha Mariamman, 43600 Kajang, Selangor
	Temple Yi Huang, Jalan Aman 9, Pekan Bangi, 43000 Kajang, Selangor
	Sri Maha Mariamman Temple, Taman West Country, 43650 Bandar Baru Bangi, Selangor

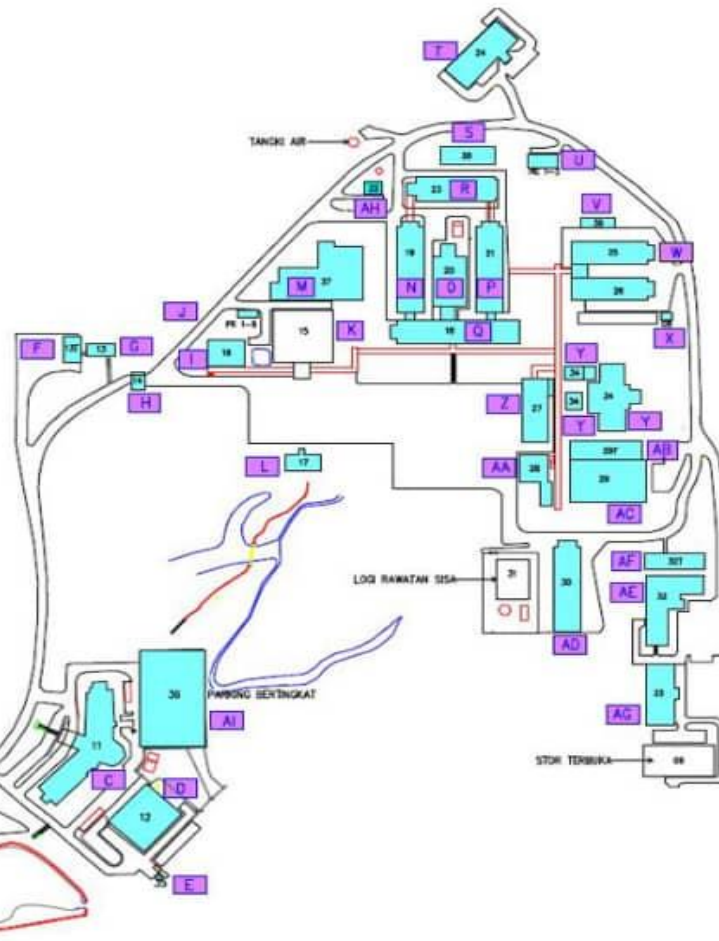
We wish you a pleasant journey and look forward to meeting you in Malaysia.

***Organiser***

***Malaysian Nuclear Agency (Nuclear Malaysia)***



## MALYSIAN NUCLEAR AGENCY



### NAMA BANGUNAN KOMPLEKS UTAMA AGENSI NUKLEAR MALYSIA

A	10	PUSAT KAWALAN PINTU MASUK
B	10T	BANGUNAN MENUNGGU UTK PELAWAT (GUARD HOUSE)
C	11	BANGUNAN PENGURUSAN, PENDIDIKAN & LATHAN
D	12	STOR PUSAT
E	35	RUMAH PEMANDU
F	13T, 13	TAMBAHAN
G	13	BANGUNAN NIR
H	14	SECURITY BLOCK
I	16	KAFTERIA
J	PE1-5	SUB-STATION
K	15	BLOCK D
L	17	SURAU (ENGINEERING BLOCK)
M	37	PUSAT PEMBANGUNAN TEKNOLOGI DAN KUALITI (PTK)
N	19	BLOCK C
O	20	BLOCK REAKTOR
P	21	PENGELUARAN ISOTOP (BLOCK B)
Q	18	BLOCK A
R	23	RAS (BLOCK EXHAUST)
S	38	RUMAH EKZOS
T	24	ANIMAL HOLDING
U	PE 1-3	SUBSTATION
V	39	BANGUNAN WETEC
W	25	BLOCK E & BLOCK F
X	08	RUMAH PELEBURAN
Y	34	MAKMAL SAINS BAHAN DAN TAMBAHAN
Z	27	UTILITY BLOCK
AA	28	BLOCK R RADIOGRAFI
AB	29T, 29	TAMBAHAN (PENILAIAN TANPA MUSNAH)
AC	29	BLOCK J (PENILAIAN TANPA MUSNAH)
AD	30	WASTE TREATMENT CENTRE
AE	32	KAWALAN SINARAN DAN KESIHATAN
AF	32T, 32	TAMBAHAN
AG	33	STOR SISA-SISA RADIAKTIF
AH	22	RUMAH PAM
AI	36	PARKING BERTINGKAT

**BAHASA MELAYU USEFUL PHASE**

<b>English</b>	<b>Bahasa melayu (Malay)</b>
Welcome	Selamat datang
Hello (General greeting)	Selamat pagi (good morning) Selamat petang (good afternoon) Selamat malam (good night) Assalamualaikum (used by Muslims)
How are you?	Apa khabar? (What news?)
Reply to 'How are you?'	Khabar baik, terima kasih. Anda pula bagaimana?
Long time no see	Sudah lama tidak berjumpa
What's your name?	Siapa nama anda?
My name is ...	Nama saya ...
Pleased to meet you	Selamat berkenalan
Good morning (Morning greeting)	Selamat pagi
Good afternoon (Afternoon greeting)	Selamat tengah hari (12-2pm)
Good evening (Evening greeting)	Selamat petang (2-7pm)
Good night	Selamat malam (after 7pm)
Goodbye (Parting phrases)	Selamat tinggal (said if you're leaving) Selamat jalan (said you're staying) Sampai jumpa lagi
Have a nice day	Semoga hari anda baik sahaja
Please	Tolong
Thank you	Terima kasih
Reply to thank you	Sama-sama